

Letzte Seite

Wonca Journal Watch

Synopses of articles from the medical literature relevant to family doctors, extracted from family medicine, general and specialist journals.

A good doctor patient relationship favourably influences patient health behaviour

The researchers concluded: "Patients' trust in their physician and commitment to the relationship offer a more complete understanding of the patient-physician relationship. In addition, trust and commitment favourably influence patients' health behaviors."

- Berry LL, Parish JT, Janakiraman R, Ogburn-Russell L, Couchman GR, et al. Patients' commitment to their primary physician and why it matters. *Ann Fam Med*. 2008;6(1):6-13. Available from: <http://www.annfammed.org/cgi/content/full/6/1/6>

Statins reduce all-cause mortality in elderly patients

The researchers concluded: "Statins reduce all-cause mortality in elderly patients and the magnitude of this effect is substantially larger than had been previously estimated."

- Afilalo J, Duque G, Steele R, Jukema JW, de Craen AJ, Eisenberg MJ. Statins for secondary prevention in elderly patients: a hierarchical bayesian meta-analysis. *J Am Coll Cardiol*. 2008;51(1):37-45. Available from: www.doi.org (doi:10.1016/j.jacc.2007.06.063)

Viewing stressful football (soccer) matches associated with acute coronary events

The authors concluded: "Viewing a stressful soccer match more than doubles the risk of an acute cardiovascular event. In view of this excess risk, particularly in men with known coronary heart disease, preventive measures are urgently needed."

- Wilbert-Lampen U, Leistner D, Greven S, Pohl T, Sper S. Cardiovascular events during World Cup soccer. *N Engl J Med*. 2008;358(5):475-83. Available from: <http://content.nejm.org/cgi/content/abstract/358/5/475>.

Melanomas are generally apparent as «ugly ducklings»

The researchers concluded: "In the present study, melanomas were generally apparent as UDs. The potential of the UD sign for melanoma screening should be further assessed."

- Scope A, Dusza SW, Halpern AC, Rabinovitz H, Braun RP, et al. The «ugly duckling» sign. *Arch Dermatol*. 2008;144(1):58-64. Available from: <http://archderm.ama-assn.org/cgi/content/abstract/144/1/58>.

No one DMARD or combination has been shown to be superior to others

The authors concluded: "Limited available comparative evidence does not support one monotherapy over another for adults with rheumatoid arthritis. Although combination therapy is more effective for patients whose monotherapy fails, the evidence is insufficient to draw firm conclusions about whether one combination or treatment strategy is better than another or

is the best treatment for early rheumatoid arthritis."

- Donahue KE, Gartlehner G, Jonas DE, Lux LJ, Thieda P, et al. Systematic Review: Comparative Effectiveness and Harms of Disease-Modifying Medications for Rheumatoid Arthritis. *Ann Intern Med*. 2008 Jan 15;148(2):124-34. Available from: <http://www.annals.org/cgi/content/abstract/148/2/124>.

Wonca clinical reviews

Outstanding review articles on topics relevant to family medicine derived after scanning over 190 family medicine, general and specialist journals.

Treating eating disorders in primary care

- Williams PM, Goodie J, Motsinger CD. Treating eating disorders in primary care. *Am Fam Physician*. 2008;77(2):187-95. Available from: <http://www.aafp.org/afp/20080115/187.html>

Medical management of rheumatoid arthritis

- Jones P. Medical management of rheumatoid arthritis. *New Zealand Family Physician* 2007; 34(6): 427-31. Available from: http://www.rnzcp.org.nz/news/nzfp/Dec2007/Jones_Dec_07.pdf

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Trägergesellschaften
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Redaktionsadresse
Redaktion PrimaryCare
EMH Schweizerischer Ärzteverlag AG
Farnsbürgerstrasse 8
CH-4132 MuttENZ
Tel. +41 (0)61 467 85 54
Fax +41 (0)61 467 85 56
E-Mail: primary-care@emh.ch
Website www.primary-care.ch

Freie Mitarbeiter
Alex Ammann, Peter Schläppi

Lektorat
Tobias Lerch

Inserate EMH
Ariane Furrer, Assistentin Inserateregie,
Tel. +41 (0)61 467 85 88
Fax +41 (0)61 467 85 56
E-Mail: afurrer@emh.ch

Marketing EMH
Thomas Gierl M.A., Leiter Marketing
und Kommunikation
Tel. +41 (0)61 467 85 49
Fax +41 (0)61 467 85 56
E-Mail: tgierl@emh.ch

Abonnemente EMH
Tel. +41 (0)61 467 85 75, Fax +41 (0)61 467 85 76
E-Mail: abo@emh.ch

Jahresabonnement
CHF 125.– (zuzüglich Porto)

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