

Letzte Seite

Wonca Journal Watch

Synopses of articles from the medical literature relevant to family doctors, extracted from family medicine, general and specialist journals.

Human growth hormone to enhance athletic performance

The authors concluded: "Claims that growth hormone enhances physical performance are not supported by the scientific literature. Although the limited available evidence suggests that growth hormone increases lean body mass, it may not improve strength; in addition, it may worsen exercise capacity and increase adverse events. More research is needed to conclusively determine the effects of growth hormone on athletic performance."

- Liu H, Bravata DM, Olkin I, Friedlander A, Liu V, et al. The effects of growth hormone on athletic performance. *Ann Intern Med.* 2008;148(10). Early-release article online: 18 March 2008. Available from: <http://www.annals.org/cgi/content/full/0000605-200805200-00215v1>

Dementia and survival in Parkinson disease

The researchers concluded: "Dementia is a key part of survival in Parkinson disease and must be planned for in services for this condition."

- Buter TC, van den Hout A, Matthews FE, Larsen JP, Brayne C, Aarsland D. Dementia and survival in Parkinson disease: a 12-year population study. *Neurology.* 2008 Mar 25;70(13):1017–22. Available from: <http://www.neurology.org/cgi/content/abstract/70/13/1017?etoc>

Osteoporosis follow-up of patients aged 50 years and over suffering minimal trauma wrist fractures treated in the ED is poor

The researchers concluded: "Follow-up of patients suffering minimal trauma wrist fractures treated in the ED is poor. Systems to improve the identification and treatment of osteoporosis in this group are needed if future osteoporotic fractures and their consequences are to be avoided."

- Kelly A-M, Clooney M, Kerr D, Ebeling PR: When continuity of care breaks down: a systems failure in identification of osteoporosis risk in older patients treated for minimal trauma fractures. *MJA.* 2008;188(7):389–91. Available from: http://www.mja.com.au/public/issues/188_07_07040/8/ke111201_fm.html

Maternal and paternal contribution to intergenerational recurrence of breech delivery

The researchers concluded: "Intergenerational recurrence risk of breech delivery in offspring was equally high when transmitted through fathers and mothers. It seems reasonable to attribute the observed pattern of familial predisposition to term breech delivery to genetic inheritance, predominantly through the fetus."

- Nordtveit TI, Klungsoyr Melve K, Albrechtsen S, Skjaerven R. Maternal and paternal contribution to intergenerational recurrence of breech delivery: population based cohort study. *BMJ.* 2008;336:872–6. Available from: <http://bmj.bmjournals.com/cgi/content/full/336/7649/872>

Wonca clinical reviews

Outstanding review articles on topics relevant to family medicine derived after scanning over 190 family medicine, general and specialist journals.

Antiretroviral therapy to prevent the sexual transmission of HIV-1

- Cohen MS, Gay C, Kashuba ADM, Blower S, Paxton L. Antiretroviral Therapy to Prevent the Sexual Transmission of HIV-1. *Ann Intern Med.* 2007; 146(8):591–601. Available from: <http://www.annals.org/cgi/rep/print/146/8/591.pdf>

Health insurance mandates

- Glied SA. Universal coverage one head at a time – the risks and benefits of individual health insurance mandates. *NEJM.* 2008; Volume 358:1540–2. Available from: <http://content.nejm.org/cgi/content/full/358/15/1540?query=TOC>

Kongressausschreibung

The First International Conference on Motivational Interviewing (ICMI)

9–11 June 2008, Interlaken, Switzerland
<http://www.icmi2008.com>

The main goal of this meeting is to bring together researchers, experts and professionals who use motivational interviewing (MI) in various settings and disciplines. ICMI will be held every two years, in different countries around the world.

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